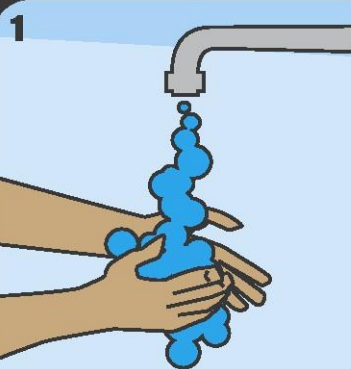
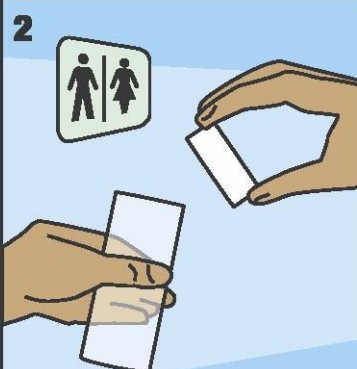


# Self-Collected Specimens for STDs

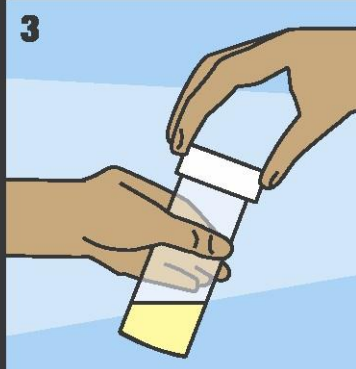
## Urine Sample



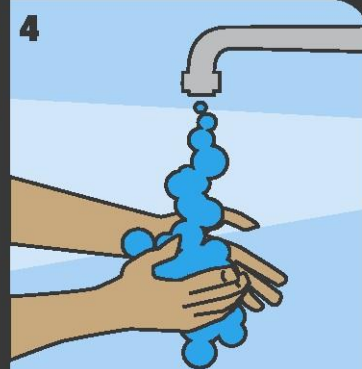
Wash your hands with soap.



Unscrew the lid and set it threads up/foil side down on a clean paper towel.

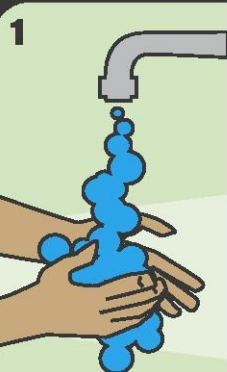


Pee the first 20-30 mL of the initial urine stream into the cup. Screw the lid back on the jar and place where directed.



Wash your hands with soap.

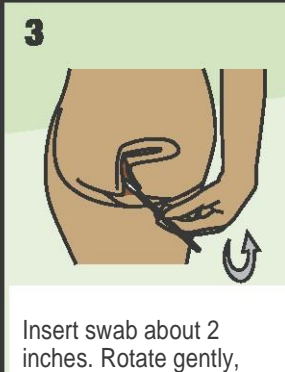
## Vaginal Swab



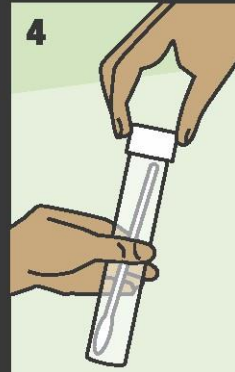
Wash your hands with soap.



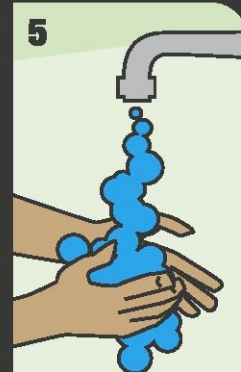
Uncap the vial and place cap threads up/foil side down on a clean paper towel. Hold the swab at or above the scored line.



Insert swab about 2 inches. Rotate gently, count to 10 and remove.

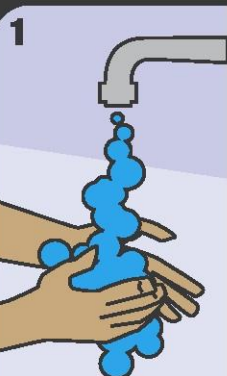


Place swab in vial and break off at scored line. Cap tightly.



Wash your hands with soap.

## Anal Swab



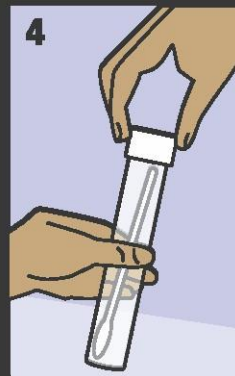
Wash your hands with soap.



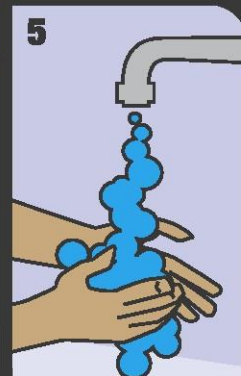
Uncap the vial and place cap threads up/foil side down on a clean paper towel. Hold the swab at or above the scored line.



Insert the swab 3-5 centimeters. Rotate gently, count to 10 and remove.



Place swab in vial and break off at scored line. Cap tightly.



Wash your hands with soap.

